



ETONBURY  
ACADEMY

# GCSE P.E.

## What is it all about?





**A course from the Edexcel exam board that consists of theory and practical assessments.**

**What theory topics will you cover?**

**Health, fitness and well-being**

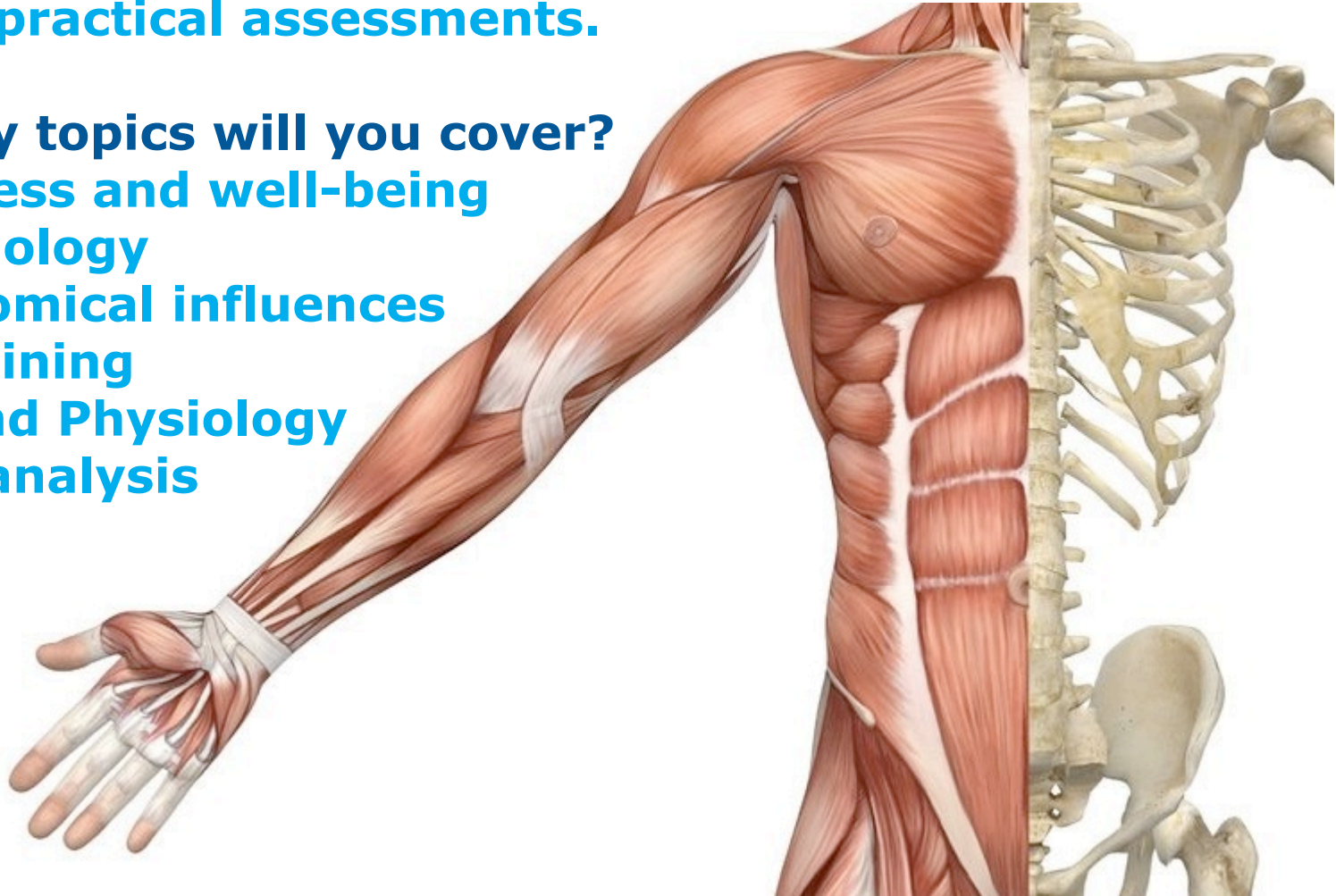
**Sport psychology**

**Socio-economical influences**

**Physical training**

**Anatomy and Physiology**

**Movement analysis**





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## Is GCSE P.E. for you?

**This course is for students who have a real passion for sport. As the course involves practical assessment, students must compete in at least one sport on a regular basis outside of school, alongside playing school sport.**

**The course contains a lot of theory so most of the lessons will be classroom based. The theory content is very interesting and engaging, particularly for those who wish to pursue a career in sport.**



PASSION SPORT



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## **Who will teach you?**

### **Miss Thomas**

**Miss Thomas is the Head of P.E. and has been teaching GCSE P.E, A-level P.E. and BTec Sport (Level 2 and 3) for 6 years. She has a GCSE, A-Level and Degree in the subject.**

**Miss Thomas has also previously taught GCSE Biology which overlaps with some of the topics on the GCSE P.E. specification. She is able to teach lessons which combines knowledge from both of these subjects.**



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## **Practical information**

**Qualification type: GCSE**

**Exam board: EDEXCEL**

**Exams: 2 written papers. 60% of the qualification**

**Practical performance: assessed in 3 sports. Two team sports and one individual or one team sport and 2 individual. 30% of the qualification.**

**Coursework: Yes. 10% of the qualification**