

RSE - Relationship & Sex education curriculum map 2025/26

The table below outlines the times of the year when RSE takes place, for each year group. RSE is delivered within the Personal development (PD) curriculum, both in form & lesson time. Etonbury's program follows the Government's statutory guidance on RSE, and covers a wide range of topics that are important in the current landscape.

KS3	Autumn	Spring
Year 7	Introduction to PD Positive qualities Friendships Coping with feelings Regret Appearance ideals Social media Gender stereotypes	Different family structures Stereotypes within the family Healthy/ unhealthy family relationships Feelings toward puberty Values My Values Friends: what's important to me? Relationship & sexual attraction Love & the media Intimacy & consent Recognising risks Sharing images online
Year 8	Introduction to PD Good / Bad relationships Bullying or banter Bereavement Attitudes towards sex Delaying sex Contraception	Online safety Social media Reducing risks Getting help Self esteem Different committed relationships Family relationships/ happiness Coping with divorce/ break ups Trustworthy sources Valuing differences 1 Valuing differences 2 Identifying as LGBTQ+ Respect
Year 9	Antisocial behaviour Conflict management Sexting Myths & reality of Pornography Pornography stereotypes Child exploitation	Your values Friendship Friends or gang Bullying Respect 1 Respect 2 Identity Gender identity Sex, consent & the law Sex myths Contraception Sexually transmitted infections Domestic violence/ abuse

KS4	Autumn	Spring
Year 10	Body shaming Positive masculinity Consent & Rape Sexual health Unwanted pregnancy/ Choices Miscarriage/ Ectopic pregnancy	Roles in the family Family structures Roles & responsibilities of parents/ guardians The law & relationships Respect, romance & love Relationship stress Breaking up Coercive relationships Sex myths revisited Contraception 1 Contraception 2 Sexual exploitation Rape
Year 11	Healthy relationships Teen pregnancy Parenting Breaking up Grief Gender identity, expression & sexual orientation Trolling, harassment & stalking	Stealthing STI's Sharing sexual images Pregnancy choices Sexually explicit material Forced marriage Exploitation