

PSHCE Overview

All units will fall into the 3 categories below for both KS2 and KS3:

1. Health and Well-being including Drugs education
2. Living in the wider world
3. Relationships including Sex education (SRE)

Values Link	Friendship Responsibility	Unity Peace	Hope Thoughtfulness	Equality Courage	Determination	Appreciation Patience
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
5	Transition – changing school	Personal Safety/First Aid – how to react in an emergency (linked to Hazard Alley)	Bullying – why people bully and the impact of bullying	Our community – to understand the importance of local community and how this exists in the wider world	Environment	Sex and relationships – Growing up
6	Rights and Responsibilities – including Human rights	Democracy – understanding what democracy is and its importance	Finance – money matters	Sex and Relationships – growing up Puberty	Healthy Living – looking at how to stay healthy through food, exercise and well-being.	e-Safety (linking in to anti-bullying)
7	Wellbeing and transition to KS3 Respects Self-awareness Friendship	Healthy Living (specific focus on alcohol and the effects of smoking)	British Values including democracy	Role of Media of lifestyle (influences and body image)	Sex Education – including contraception	Finances / Enterprise – Dragons den enterprise challenge
8	Drugs – looking at illegal substances, reasons why people may take drugs and their negative effects.	Careers (linked to year 9 options)	Crime and Law - moral responsibility	Relationships (including bereavement and divorce) and self-awareness	Sex Education including contraception examples and sexting	Nuclear Weapons – looking at distribution of nuclear weapons and consequences of their use
9	Emotional wellbeing – looking at how we can achieve good emotional well-being and impact of anxiety.	Bullying and Discrimination – looking at the impact of bullying linking to homophobia, racism and self-esteem.	Drugs – Revision of drugs information (including alcohol) and looking at its impact across society.	Media – What makes the news? Looking at what is reported and how. Questioning the medias perception and reliability and changing form.	Sex and Relationship – Revision on contraception. Looking at STI/STDS and discussing positive and negatives of relationships.	Poverty – looking at the impact of poverty in the UK and the wider world.

Main Concepts

1. Identity
2. Relationships
3. Living a healthy balanced lifestyle
4. Risk and safety
5. Diversity and equality
6. Rights and Responsibilities
7. Dealing with change
8. Power
9. Careers

The delivery of PSHCE has separated this year from RE, it has been introduced to ensure that each pupil has access to a planned programme of learning where they will learn the knowledge, understanding and skills needed as they progress through school and eventually leave to play an active role in society. At Etonbury we are members of the PSHCE association and refer to their guidelines with regards to age and content of suitable schemes to follow at the different Key stages.

At the beginning of each academic year, ground rules will be established and agreed to ensure that the learning environment is one, where pupils can raise questions and explore topics covered. All questions will be answered in an honest and open way. PSHCE at Etonbury is carefully structured and an essential part of the curriculum. Its main aims are to promote the pupils wellbeing, whilst offering a safe and secure environment for pupils to access correct information.

At the beginning of the autumn term, new parents will get the opportunity to come to a PSHCE evening which will give further information of the SRE and drugs education that pupils will receive, you also have the statutory right to withdraw your child from SRE lessons if you wish to.

If you have any further questions regarding the PSHCE lessons your child will have, please contact AMew@bemat.org.uk