

WEEKLY MENU

WEEK 1



EVERY
TUESDAY

Asian inspired noodles
with a selection of
protein and vegetables



EVERY
WEDNESDAY

Authentic Greek
flatbreads topped with
marinated chicken or
plant-based protein

EVERY
THURSDAY

Drumsticks served with
a range of signature
marinades and
seasoned rice



Switch it up with our street food favourites! Ask the team for this week's flavours



TUE

Thai Yellow Vegetable Curry, Broccoli,
Salad & Mixed Rice ^(VG)



BBQ Beef & Bean Chilli with Penne and
Mixed Salad



WED

Roast of the Day, Gravy & Roasties
with Seasonal Greens and Carrots



THU

Chicken & Sweetcorn Pie with Broccoli,
Carrots & Cauliflower



FRI

Sustainably Sourced Battered Fish
& Chips with Peas or Beans



Mac & Cheese with Crispy Onions
with Garlic Bread & Mixed Salad ^(V)



Vegemince Cottage Pie with
Broccoli, Carrots & Cauliflower ^(VG)



Roast Quorn, Gravy, Roasties with
Seasonal Greens & Carrots ^(V)



Cheese, Onion & Potato Pie with
Broccoli, Carrots & Cauliflower ^(V)



Pizza Selection with Chips or Wedges



POT & TASTY

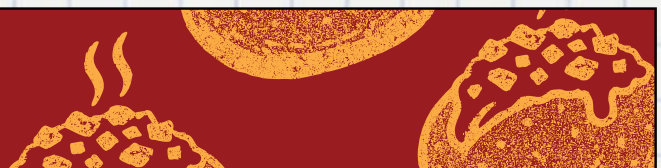
Daily range of ready to go pots including
pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet
treats, served every day



Hot loaded spuds with
a daily range of tasty
toppings to fill you up



Contains Iron



For a healthy gut



Slow release energy



Contains protein



Contains Calcium

V - VEGETARIAN
VG - VEGAN

10th Nov, 1st & 22nd Dec, 19th Jan, 9th Feb, 2nd & 23rd March

WEEKLY MENU

WEEK 2



EVERY
TUESDAY

Asian inspired noodles
with a selection of
protein and vegetables



EVERY
WEDNESDAY

Authentic Greek
flatbreads topped with
marinated chicken or
plant-based protein

EVERY
THURSDAY

Drumsticks served with
a range of signature
marinades and
seasoned rice



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TUE

Baked Macaroni Cheese with Tomato
& Oregano Topping ^(V)



Kashmiri Spice Bowl with Beef
& Lentils and Mixed Rice



WED

Roast of the Day, Gravy & Roasties
with Seasonal Greens and Carrots



THU

Pork Sausage & Mash, Caramelised
Onion Gravy & Seasonal Vegetables



FRI

Sustainably Sourced Battered Fish
& Chips ^(V)
Oven Baked Chicken Nuggets
& Chips ^(V)



Roasted Vegetable & Hummus
Panini ^(VG)



Spaghetti with Roasted Vegetables
in Herby Tomato Sauce ^(V)



Roasted Lentil Loaf with Sticky
Ketchup Glaze & Roast Potatoes ^(VG)



Veggie Sausage & Bean Hot Pot ^(VG)



Pizza Selection with Chips or Wedges

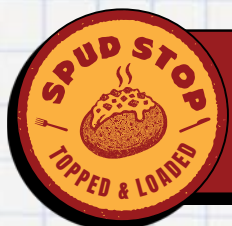


POT & TASTY

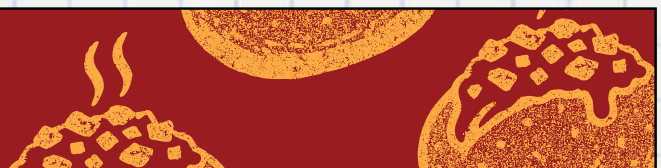
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VG - VEGAN

27th Oct, 17th Nov, 8th Dec, 5th & 26th Jan, 16th Feb, 9th March

WEEKLY MENU

WEEK 3



EVERY
TUESDAY

Asian inspired noodles
with a selection of
protein and vegetables



EVERY
WEDNESDAY

Authentic Greek
flatbreads topped with
marinated chicken or
plant-based protein

EVERY
THURSDAY

Drumsticks served with
a range of signature
marinades and
seasoned rice



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TUE

Vegan Sausage Roll & Homebaked
Potato Wedges (VG)



Mild Chicken Korma with Sweet Potato
and Lentils & Mixed Rice



WED

Roast of the Day, Gravy & Roasties
with Seasonal Greens and Carrots



THU

Greek Style Layered Beef Pasta Bake



FRI

Sustainably Sourced Battered Fish
& Chips
Oven Baked Chicken Goujons
& Chips



Mild & Creamy Vegetable Korma
Curry & Mixed Rice (VG)



Vegetable Bolognese Pasta &
Garlic Bread (V)



Roasted Winter Vegetable
Casserole with Roast Potatoes (VG)



Greek-Style Layered Vegetable
Pasta Bake (V)



Pizza Selection with Chips or Wedges

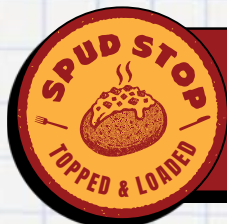


POT & TASTY

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VG - VEGAN

3rd & 24th Nov, 15th Dec, 12th Jan, 2nd & 23rd Feb, 16th March