



Dear Parents and Carers,

Central Bedfordshire Pupil Health and Wellbeing Survey 2025

Our school, along with the majority of other schools in Central Bedfordshire, has agreed to participate in a very important Pupil Health and Wellbeing Survey amongst year 8 & 10.

The survey has been commissioned by the Central Bedfordshire Local Authority to ensure services are responsive to local need.

Participation in the survey will also benefit the school enabling them to:

- Review the curriculum to meet the needs of pupils
- Establish a starting point for discussion in classroom activities
- Identify appropriate training for staff
- Open up discussions between parents and schools
- Develop a whole school approach to health and wellbeing

The age-appropriate survey questions have been developed by the Schools Health Education Unit in consultation with local schools and health professionals.

The questions include:

- ❖ **Happiness and worries**
- ❖ **Drugs and alcohol (secondary schools only)**
- ❖ **Smoking and vaping**
- ❖ **Relationships**
- ❖ **Bullying**
- ❖ **Resilience**

Please be assured that each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to our school. There are 3 different age-appropriate surveys, and your child will only be asked to complete the survey appropriate for their age.

The Local Authority will receive a summary report of all schools' results which will help the Council and its partners to plan for the provision of services to meet local needs. Individual schools are not identified in this report.

The survey will be carried out between 17th - 28th November 2025.

We hope you will support the school in its decision to take part in this beneficial survey. If you have any objections, please contact tgant@bestacademies.org.uk.

Yours sincerely,

Ms T Gant

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Privacy Notice – school surveys



1. Who are you?

We are a research unit in South-West England. We have been asked by the school or the Council to help collect information from young people. www.sheu.org.uk

2. What will I be asked?

You will be asked about your habits and feelings, and other important things about you.

You will not be asked for your name or address, and please don't tell us!



3. Why do you want to know this?

The reports are used to plan lessons and services for young people, and to see what has changed since the last survey.

The school will see if your lessons fit in with what you and other young people tell us. We want to be sure what we are doing is right.

4. How will you use my information?

We will send reports to schools and the Council, showing them how many pupils gave different answers. The reports might say things like:

- 30% of pupils in this school had cereal for breakfast, but in the whole County the figure was 40%



5. How will you collect this information?

We are going to ask you questions in a questionnaire, on a website or in a printed booklet.



6. How do you keep this information?

Your answers will be kept safe on our computers. We keep records for many years, so that we can see how young people's lives are changing.



7. Are you allowed to do this? ('legal basis for processing')

The Council is allowed to collect information to help it plan and monitor things it does to support young people's education, health and wellbeing – the sorts of things it has to do ('legal functions' and 'public interest').

SHEU is allowed to use information to produce its reports as long as no-one can tell what answers you gave ('legitimate interests').

8. Who gets to see the information?

Only staff from SHEU and from the Council who need to see the information to do their job are allowed to see your answers. They won't show your answers to anyone else. Everyone else sees only percentages. No-one in your school sees your answers.



BUT if you tell us something that makes us think you are in danger, we will have to tell your school that someone has said it, even if we can't find out who you are.

9. What's next?



If you agree with all this, please tick the box at the start of the survey. If not, don't take part.

You can leave out any questions you don't want to answer, and you can stop at any time.

Later, if you want to see what we know about you, you can ask, and you can tell us to delete it. But remember, we might not be able to find your answers.