

# Do you need support?

## We're here to help

**If you're aged 12 to 18  
and living in Central Bedfordshire**

*(up to age 25 you have additional needs)*

Get in contact with a  
Groundwork youth worker

They'll put you in touch with the  
service that's right for you

Start your journey using the platforms below



WhatsApp or  
text us on  
07736 132870



DM us  
@GWEYouth



Send us an email  
youthreferrals  
@groundwork.org.uk



Call us on  
07736 132870

**Just tell us...**

Your name, where you live, how old you are, and a bit (if you can) about how we can help you



**Central  
Bedfordshire  
Council**  
Working in partnership



CBC has commissioned  
Groundwork to create  
greater prospects for young  
people across Central  
Bedfordshire