



Mental Health and Emotional Wellbeing
Service for Children and Young People

Workshop for Parents, Children & Young People: Transitioning post COVID-19

Is your child worried about going back to school post COVID-19?

The CHUMS Family Wellbeing Team are offering a one-off virtual workshop which will provide strategies to help manage worries related to transitioning back to school.

For children under the age of 10 years old we will offer a parent only workshop. We are also offering a workshop for young people aged 11+.

If you are interested in attending this workshop please contact us on the email address below by 31st July 2020 and provide parent/carer name, child's name and contact number. email: fwteam@chums.uk.com

A Child Wellbeing Practitioner will then make contact with you within 7 working days.

Spaces are limited so please contact us to avoid disappointment.