



Helpful Support Links for Families

- The Integrated Front Door (IFD) – Provides resources and support for families ensuring they have access to the right services **0300 300 8585**
- Children’s Centre - The centre staff can offer support and advise on breast feeding, parenting, choosing childcare, FREE 2-year funded pre-school places, introducing solid food, toilet training, oral health, training/education, home safety, food parcels plus much more – **Biggleswade and Sandy 0300 300 8114 / Shefford & Stotfold Children’s Centre 0300 300 8112**
- Local Offer - If you have a child or young person with Special Educational Needs and/or Disabilities (SEND), then think of the Local Offer as all of the services and support available to them and you as a parent or carer. Our Local Offer website contains information about education, health and care services, voluntary agencies, leisure activities and support groups - [Central Bedfordshire SEND Local Offer](#)
- Family Information Directory - The role of our service is to help families get the most out of the information and services available in the community and online. You can use our comprehensive Family Information Directory to find services, support groups, activities, events and more. - [Family Information Directory](#)
- Domestic Abuse – If you are a survivor or current victim of domestic abuse, or are worried about your behaviour there are a number of support service available to you - [Home | Bedfordshire Domestic Abuse Partnership](#)
Children’s Centres can also offer support
- CAMHS - Is a multi-agency specialist mental health service for children and young people with complex, severe or persistent emotional, behavioural or developmental needs. They provide assessment and treatment for children and young adults up to the age of 18. – 01234 893301 [North Bedfordshire CAMHS | East London NHS Foundation Trust](#)