

## WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Spring Harvest Quesadilla with Cheese, potato, spring onion and tomato salsa (V)	Chilli BBQ Beef & Bean Ragu with Penne (Plus Halal Option) 같아~ 말 좋	Roast Chicken with Gravy & Roasties (Plus Halal Option)	Chicken, Tomato & Coconut Dhal with Steamed Mixed Rice (Plus Halal Option)	Sustainably sourced Battered Fish & Chips क्यू
	Crispy Onion Mac & Cheese (V)	Falafel power bowl with Hummus, Grains, Rice & Salad (Ve) 나가 좋 분	Roast Quorn with Gravy & Roasties	Roasted Coriander Sweet Potato & Chickpea with Tomato & Coconut Dhal with Steamed Mixed Rice (Ve)	Cheese & Tomato Piz & Chips
а в 0+	Selection of Sandwiches Wraps Panini's & Baguettes	Selection of Sandwiches Wraps Panini's & Baguettes	Selection of Sandwiches Wraps Panini's & Baguettes	Selection of Sandwiches Wraps Panini's & Baguettes	Selection of Sandwiches Wraps Panini's & Baguette
	Tomato & Basil Pasta Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot	Tomato & Basil Pasta Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot Pesto Pasta Pot	Tomato & Basil Pasta Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot Pesto Pasta Pot	Tomato & Basil Pasta Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot Pesto Pasta Pot	Tomato & Basil Pas Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot Pesto Pasta Pot
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ST★R DISH	Cheese & Tomato 'Pizza' Macaroni Cheese (V)	Meatballs with Cheese and Arrabbiata Sauce &	Roast Gammon Crispy Roasties & Pan Gravy	Kashmiri spice bowl with beef, lentils & Mixed Rice	Oven Baked Chicken Nuggets & Chips ब्रद्देक
	u≨u <mark>€a</mark>	Penne Pasta	(Plus Halal Option)	(Plus Halal Option)	2
		(Plus Halal Option) 45만 []	To a state of the	<mark>₩</mark> -141 - 144	
MEA FREE	Buffalo Cauliflower & Mixed Bean Burrito	Cheesy Quorn Meatballs with Arrabbiata Sauce & Penne Pasta	Roasted Sweet Potato & Cheese Tart with Roast Potatoes	Veggie Mince Cottage Pie	Cheese & Tomato Pizza & Chips
ĞRAB & GO+	Selection of Sandwiches Wraps Panini's & Baguettes	Selection of Sandwiches Wraps Panini's & Baguettes	Selection of Sandwiches Wraps Panini's & Baguettes	Selection of Sandwiches Wraps Panini's & Baguettes	Selection of Sandwiches Wraps Panini's & Baguettes
PIGT 'N' TASTY	Tomato & Basil Pasta Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot Pesto Pasta Pot	Tomato & Basil Pasta Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot	Tomato & Basil Pasta Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot	Tomato & Basil Pasta Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot	Tomato & Basil Pasta Pasta with Cheese Sauce Pasta Arrabbiata Beef Bolognese Pasta Pot Pesto Pasta Pot
SIDES *	Broccoli, Baked Beans Mixed Salad, Crisp Garlic Bread	Fajita Roasted Sweetcorn & Peppers, Persian Slaw, Baked Beans Mixed Salad	Seasonal Mixed Vegetables, Baked Beans Mixed Salad मुद्रेग्रे	Baked Beans, Asian Slaw, Garlic Green Beans, Garden Salad	Peas, Baked Beans Mixed Salad
T DAY'S	Selections of Puddings Daily	Selections of Puddings Daily	Selections of Puddings Daily	Selections of Puddings Daily	Selections of Puddings Daily



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Roasted Cauliflo Cheese Tart with Home baked Pot Wedges	with Savoury Rice &	Greek Style Layered Beef & Pasta Bake (Plus Halal Option)	Butter Chicken & Chickpea Curry with Rice	Grilled Sausage Chips मुद्देक
uşus <mark>ta</mark>	(Plus Halal Option) 같아~~		(Plus Halal Option)	
Vegetable Bolog Pasta with Garlic Bread Slice		Greek Style Vegetable Pastitsio (Layered Pasta Bake)	Roasted Cauliflower & Sweet Potato "Butter" Curry with Rice (V)	Cheese & Tomata Pizza & Chips
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Broccoli, Baked Beans Mixed Sal Crisp Garlic Brec		Italian Garden Salad, Country Mixed Vegetables	Baked Beans Steamed Broccoli	Peas, Baked Bea Mixed Salad
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Selections of	Selections of Puddings Daily	Selections of Puddings Daily	Selections of Puddings Daily	Selections of Puddings Daily

蝳 For a healthy gut 🛛 👫 Slow release energy

🚮 – Contains Iron

🚯 Contains Protein

VE - Vegan