

MAKE

GOOD CHOICES.

WEEK ONE MENU

MONDAY	<p>Ⓥ Battered chicken burger Lightly spiced Quorn fillet</p> <p>Vegetables: Lightly spiced wedges, corn on the cob, baked beans, mixed garden salad</p>
TUESDAY	<p>Ⓥ Sausages in a rich gravy Quorn sausages in a rich gravy</p> <p>Vegetables: Creamy mash, peas, baked beans, mixed garden salad</p>
WEDNESDAY	<p>Ⓥ Bacon macaroni cheese Three cheese macaroni cheese</p> <p>Vegetables: Garlic bread, carrots, baked beans, mixed garden salad</p>
THURSDAY	<p>Ⓥ BBQ hunters chicken BBQ Quorn fillet</p> <p>Vegetables: Herby diced potatoes, sweetcorn, baked beans, mixed garden salad</p>
FRIDAY	<p>Ⓥ Breaded fishcake Vegetable frittata</p> <p>Vegetables: Chips, peas, baked beans, mixed garden salad</p>

AVAILABLE DAILY:

Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads, Hot and Cold Desserts, Home Bakes, Fresh Fruit Salad, Drinks

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WEEK TWO MENU

MONDAY	<p>Breaded chicken strips V Breaded Quorn strips</p> <p>Vegetables: Herby diced potatoes, peas, baked beans, mixed garden salad</p>
TUESDAY	<p>Beef lasagne V Vegetable lasagne</p> <p>Vegetables: Garlic bread, mixed vegetables, baked beans, mixed garden salad</p>
WEDNESDAY	<p>Chicken and vegetable pie V Quorn mince and onion Pie</p> <p>Vegetables: Roast potatoes, carrot and sweetcorn, baked beans, mixed garden salad</p>
THURSDAY	<p>Creamy chicken korma V Creamy vegetable curry</p> <p>Vegetables: White rice, cauliflower, baked beans, mixed garden salad</p>
FRIDAY	<p>Fish finger wrap V Vegetable puff pastry wrap</p> <p>Vegetables: Chips, peas, baked beans, mixed garden salad</p>

AVAILABLE DAILY:

Assorted snacks, various filled sandwiches, rolls and wraps, fresh salads, hot and cold desserts, home bakes, fresh fruit salad, drinks

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WEEK THREE MENU

MONDAY	<p>Pork sausages in a finger roll V Quorn sausage Dog</p> <p>Vegetables: Jacket wedges, baked beans, mixed garden salad</p>
TUESDAY	<p>Minced pasta bake V Vegetable pasta bake</p> <p>Vegetables: Sweetcorn, baked beans, mixed garden salad</p>
WEDNESDAY	<p>Mild beef chilli V Five bean vegetable chilli</p> <p>Vegetables: White rice, carrots, broccoli, baked beans, mixed garden salad</p>
THURSDAY	<p>Fresh ham and sweetcorn pizza V Margarita pizza</p> <p>Vegetables: Herby diced potatoes, baked beans, mixed garden salad</p>
FRIDAY	<p>Deep fried fish served with lemon and tartare sauce V Vegetable lasagne</p> <p>Vegetables: Chips, peas, baked beans, mixed garden salad</p>

AVAILABLE DAILY:

Assorted snacks, various filled sandwiches, rolls and wraps, fresh salads, hot and cold desserts, home bakes, fresh fruit salad, drinks