





## Children's Occupational **Therapy Service**

for children and young people who experience difficulties with everyday activities

You can find information and access the resources listed below on our webpage: www.cambscommunityservices.nhs.uk/Bedfordshire/services/occupational-therapy

- · 'You make the difference' video for parents and carers of children aged under 5, to promote use of hands and independence skills.
- Sensory Processing Awareness Training online video, planning wheels and strategies.
- Development Skills Package provides information to support the development of the skills notes below.



This information is also available in easy read or other languages, please see the website or scan the QR code to use our RECITE function.

easy read and translation



- Play
- Eating
- Dressing
- Self-care ( eg washing)





 Managing at school (e.g. school tasks and helping a child with a physical disability with supportive seating or to get around their classroom)

Further information (including details of your Local Offer pages) can be found at:

www.cambscommunityservices.nhs.uk/Bedfordshire/services/occupational-therapy