## **Arlesey Basic Session Plan January to April**

All activities will run alongside a sport activity for the younger group and also a discussion topic for debate with the older group.

16<sup>th</sup> January – Welcome Back, form checking and free session

23<sup>rd</sup> January- Chinese new year arts, craft and cooking

30<sup>th</sup> January- Holocaust Memorial Day Art, poems and Quiz

6<sup>th</sup> February- Safer internet day activities

13<sup>th</sup> February- Valentines day candle making & crafts

20th February-Pancake day cooking

27<sup>th</sup> February- Veggie month Begins!- cooking vegetarian style

6<sup>th</sup> March- International Woman's Day, quiz, poster making and fact finding

13<sup>th</sup> March- Mothers day craft and Brain teasers for brain awareness day

20th March- National CSE Awareness day activities

27<sup>th</sup> March- world Purple day- epilepsy awareness activities.