



Balanced Minds FC Open Evening

Register your interest today!

Limited spaces available!

We are hosting an open evening for interested parents, guardians and players to attend in order to learn more about the club, coaches, members, our visions & values and we look forward to welcoming you all.

Our Programmes

- Football Development
- Injury Prevention
- Sports Mental Health Prevention and Support

Date:

Friday 26th April 2024

Time:

**7pm Arrival for a
7:15pm Start**

Venue:

**Shefford Town Memorial
Association
10 Hitchin Road
Shefford
Bedfordshire
SG17 5JA**



Instagram:
[@BalancedMindsFC](https://www.instagram.com/BalancedMindsFC)



Facebook:
[@BMFC2024](https://www.facebook.com/BMF2024)



X:
[@minds_fc](https://www.x.com/minds_fc)



TikTok:
[@balanced.minds.fc](https://www.tiktok.com/@balanced.minds.fc)

In connection with the SMHO.

[Sports Mental Health Organization \(sportsmho.com\)](https://sportsmho.com)

