

ETA – Relationship & Sex Education (RSE)

The table below outlines the times of the year when RSE takes place, for each year group. RSE is delivered within the PSHCE curriculum and covers a wide range of topics that are important in the current landscape.

Week beginning	Topic
Year 7	
Autumn 1	Positive Qualities and Relationships
Autumn 1	Friendship Feelings Emotions
Autumn 2	Coping with emotions and puberty
Spring 1	Gender stereotypes and the media
Spring 1	What is LGBTQ+
Spring 1	Identifying as LGBTQ+
Spring 1	Valuing difference: Homophobia
Summer 1	Feelings towards Puberty
Summer 1	Values
Summer 1	My Values
Summer 1	Friendship & sexual attraction
Summer 2	Love & The Media
Summer 2	Intimacy & Consent
Summer 2	Recognising Risks
Year 8	
Autumn 1	Positive and negative aspects of relationships
Autumn 2	Intimacy
Autumn 2	Identifying as LGBTQ+
Autumn 2	Contraception (includes a condom demonstration)
Spring 2	Consent
Summer 1	Exploitation
Summer 2	Sexting

Year 9	
Spring 1	Sex, consent and the law
Spring 2	Sex myths
Spring 2	Contraception
Spring 2	Sexually transmitted infections
Spring 2	Abuse
Spring 2	LGBTQ+ & discrimination
Spring 2	LGBTQ+
Year 10	
Autumn 2	LGBTQ+
Autumn 2	LGBTQ+ relationships
Summer 1	Sex myths revisited
Summer 1	Male condom (demonstration)
Summer 1	Female condom (demonstration)
Summer 1	Exploitation
Summer 1	Rape
Year 11	
Spring 1	Gender identity, gender expression and sexual orientation
Spring 2	Consent
Spring 2	Sexually transmitted infections
Spring 2	Sexual images
Spring 2	Pregnancy choices
Spring 2	Sexually explicit material