

Etonbury D of E Update – April 2024

The camps are coming up, the recommended kit list was shown on the PowerPoint in the first update but I have added it again here:

<https://www.dofe.org/shop/wp-content/uploads/2020/04/DofE-How-to-pack-your-rucksack-poster-A3-1.pdf>



DofE recommends students have gaters, high spec walking trousers, a storm shelter, tick removers for example.

Please have a look at the DofE lists however they really are unnecessary item so if you are unsure what to purchase please ask.

Must haves:

- Walking boots (broken in)
- Multiple thick socks
- Multiple layers/spare clothing - no denim or jeans or Nike pro shorts (chaffing). I also would not
- recommend vest tops because the bag straps will rub severely. T-Shirts and fleecy jumpers are best as well as loose shorts, joggers or walking trousers.
- Waterproofs/Coat
- Sleeping Bag (good quality) - we have slept in -5 before
- 3 meals for first day (and second for silver) 2 meals for the final day, preferably a packed lunch style lunch
- Toiletries (dry shampoo, deodorant, sun cream)
- Torch
- Rucksack - 60l rucksack. We have a few of these spare so if there is any issues with being able to get one of your own please let me know
- Refillable water bottle
- Personal First Aid kit
- Scarf, gloves, hat
- Washing up equipment (sponges, tea towel) - we will supply washing up liquid
- Plastic bags
- Tissues
- Matches

Recommended:

- Sleeping mat - we have a lot of these spare so if you require one please let us know.
- Insect repellent
- Watch
- Spare batteries

We supply:

- Tent
- Trangia Stove
- Fuel
- Compass
- Map

The dates for camps, there has had to be a change of dates for the Bronze due to campsite availability.

Practise expedition (Bronze and Silver): 09/05/24 - 11/05/24 - taking place at Etonbury Academy.

Bronze expedition: 14/06-24 - 15/06/24: Starting at Etonbury Academy and camping at New Rd, Great Barford, Bedford MK44 3LQ

<https://www.bedfordhousevalleyscouts.org.uk/jordans-close-activity-centre>

Silver expedition: 27/06/24 - 29/06/24: Starting at Etonbury Academy, transport provided to Pindale Rd, Hope, Hope Valley S33 6RN

<https://www.pindalefarm.co.uk/>

There will be three more DofE sessions afterschool in the hall:

23rd April - Walking Groups, Tents and route planning - **Walking Groups, Tents and route planning" rescheduled due to school closure**

30th April - Tent Pitching... they need a little more practise 😊

7th May - How to pack your rucksack

I will send out more information on timings of the camps closer to the date. Thank you. Mrs Hilsden.

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