



# Pearsons' BTEc National Extended Certificate in Health and Social Care

Summer Task  
2024



## Bridging the Knowledge Gap

This booklet has been specifically designed to help you make the jump between GCSE and Level 3 Qualifications. You will find a series of tasks within this that will give you a strong foundation of knowledge, making it easier for you when your studies commence.

### How Pearson's' BTEc National Health and Social Care Extended certificate is Assessed

This qualification is a modular course, meaning there are a series of units that you will study, each of which you have to pass. Your end grade will be drawn from the combination of results you gain.

The units covered by this qualification contain a mix of examination based units, and coursework based units. You will study one exam unit and one coursework unit in year 12, and the same again in year 13.

We focus our learning on assessing the needs of others, starting with an understanding of the stages of growth and development from birth to later adulthood. We will learn to understand how our health and well-being can be affected by a range of factors and the theories behind these affects.

Investigating the huge range of health care services and social care services, is an intrinsic part of this course, making it ideal for any young person considering going into any of these sectors. You will discover the roles and responsibilities of staff working in these organisations, and gain a thorough understanding of the legislation that influences professional practice.

Year 12		Year 13	
Unit 1 – Human Lifespan Development	Unit 5 – Meeting Individual Care and Support Needs	Unit 2 – Working in Health and Social Care	Unit 10 – Sociological Perspectives

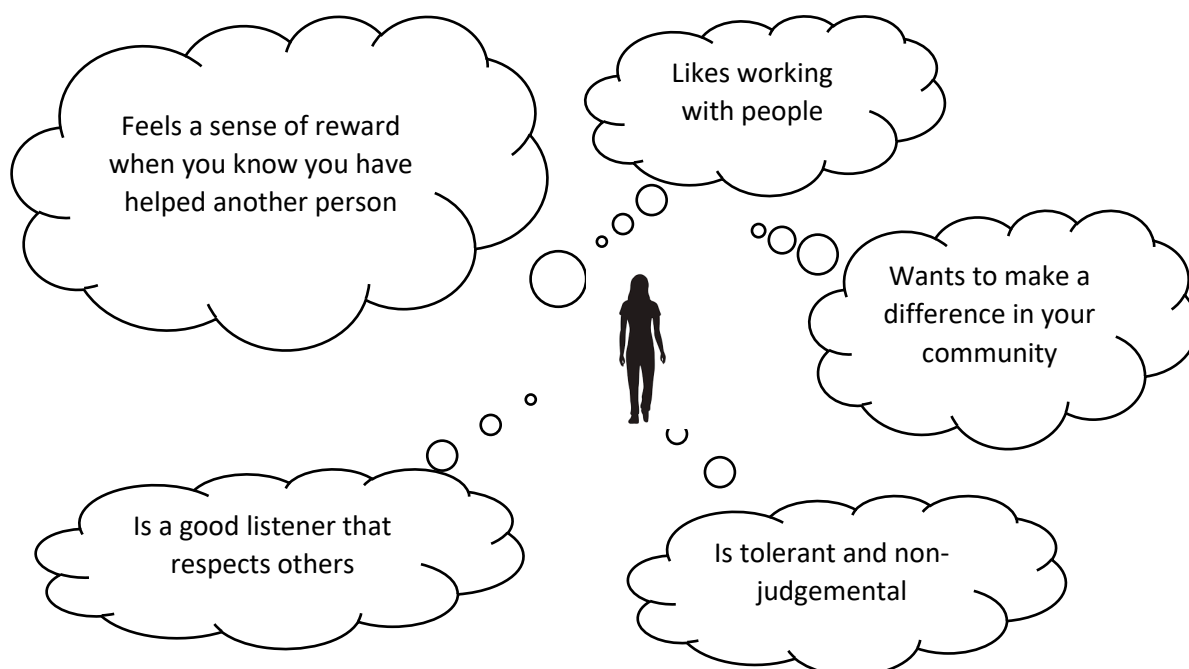
<p>This is the first of two examination units. Looking at expected milestones of development, you will investigate a range of factors that may influence these. The exam will take place in the summer of year 12</p>	<p>Unit 5 is a coursework assessed unit. You will explore the fundamental areas that are essential for a career in HSC, including promoting diversity, applying skills and working as a multi-disciplinary team.</p>	<p>This is the second examination-based unit. This unit focuses on the wealth of professionals and services within HSC, considering their roles and responsibilities.</p>	<p>This coursework assessed unit will encourage you to look at the influence of a range of differing perspectives on the treatment and attitudes towards individuals in our society.</p>
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### ***Health and Social Care is....***

1. The study of the diverse and unique range of individuals in our communities.
2. An investigation into a range of careers within our society, from working in the NHS, Social care services, or any public facing service that supports individuals.
3. This qualification can lead straight into higher level apprenticeships, work placements and when combined alongside 2 other level 3 courses, into a range of university courses.

### ***Is Health and Social Care for me....***

Yes, if you are the type of person that ...



Health and Social Care is not...

- Just about children
- Just for females... the NHS is the biggest employer in the UK, and this subject also supports learners going into non-care roles, for example the police force and probation services
- An easy course. You will need commitment, organisation and motivation.

### Task 1 – Understanding the Basics

It is important to use key terminology accurately in your coursework and exam responses.  
Investigate the terms in the table and give your own definition

<b>Term</b>	<b>Definition</b>	<b>Term</b>	<b>Definition</b>
<b>Acute</b>		<b>Adapt</b>	
<b>Cardiovascular System</b>		<b>Chronic</b>	
<b>Genetic Inheritance</b>		<b>Gender Role</b>	
<b>Life event</b>		<b>Confidentiality</b>	
<b>Material possessions</b>		<b>Menopause</b>	
<b>Development</b>		<b>Dignity</b>	
<b>Domiciliary Care</b>		<b>Neurological</b>	

Person-centred approach		Physiological	
Psychological		Respite Care	
Self-Esteem		Self-image	
Sensory Impairment		Social Class	
Stigma		Tertiary Care	

## Task 2 – Investigating Health and Social Care Services

Below is a list of potential careers in Health or Social Care. Choose 3 possible job roles and investigate them further (you may choose ones that are not on this list).

- Midwife
- Social Worker
- Nutritional
- Physiotherapist
- Counsellor
- Paramedic
- Paediatric Nurse
- Youth worker
- Home Carer



Create a fact file of your chosen job roles

You should include information on the following;

- The daily expectations
- The roles and responsibilities



- The necessary skills and qualities needed
- The average pay
- The qualifications and experience needed

### **Task 3 – Health and Social Care in the Media**

Health issues and social care needs affect every one of us, therefore we find it prevalent in the media.

Your task is to pick...

- 1 Film
- 1 Book
- 2 Documentaries

You will then be asked to write an essay with the following title: **'Discuss the portrayal of Health and Social Care within the media'**

Whilst watching/reading your chosen examples, create notes to help with your essay.

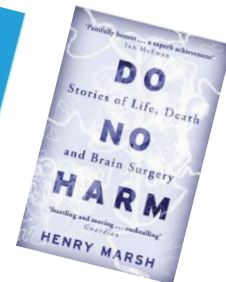
Consider the following:

- What issues, if any, are being raised in the stimulus?
- How does the stimulus present H&SC?
- Is the stimulus informative/helpful and why?
- Are there any quotes/scenes etc that stand out to you and why?
- How effective is the stimulus in raising public awareness about H&SC/Issues?

*This list is NOT exhaustive, there may be other questions/ideas you wish to consider as you watch or read.*

### Possible film/documentary ideas:

- ✓ Five Feet Apart
- ✓ What to expect when you're expecting
- ✓ The Theory of Everything
- ✓ 13 Reasons Why
- ✓ Pandemic – How to prevent an outbreak
- ✓ Call the midwife
- ✓ Girl, interrupted
- ✓ Unbroken
  
- ✓ Confessions of a junior doctor
- ✓ Rio & Kate: becoming a step family
- ✓ Jessy Nelson: Odd one out
- ✓ The Upside
- ✓ Beautiful Boy



### Possible book ideas:

- ✓ The Fault in our stars, by John Green
- ✓ One flew over the cuckoo's nest, by Ken Kesey
- ✓ No Child of mine, by Susan Lewis
- ✓ Do no harm, by Ian McEwan

### Task 4 – Health and Social Care in a Wider Context

Health and Social Care providers are regulated and monitored to ensure the service they provide is of a high standard.

Investigate the following organisations and produce a table that explains their aims and responsibilities

The World Health Organisation (WHO)

The Department of Health (DH)

National Institute for Care Excellence (NICE)

The Care Quality Commission (CQC)

### Useful Websites to guide your learning

- [www.nursingtimes.net/anxiety/1996284.article](http://www.nursingtimes.net/anxiety/1996284.article)
- <https://spearheadelearning.com/equality-and-diversity-in-health-and-social-care/>
- [https://www2.rcn.org.uk/\\_data/assets/pdf\\_file/0009/78543/001804.pdf](https://www2.rcn.org.uk/_data/assets/pdf_file/0009/78543/001804.pdf)
- [www.cqc.org.uk/content/help-advice](http://www.cqc.org.uk/content/help-advice)
- [www.hscic.gov.uk](http://www.hscic.gov.uk)
- [www.hpc-uk.org](http://www.hpc-uk.org)
- <https://www.citizensadvice.org.uk>
- [www.communitycare.co.uk/2010/09/20/what-is-the-role-of-social-workers](http://www.communitycare.co.uk/2010/09/20/what-is-the-role-of-social-workers)
- <https://www.careforthefamily.org.uk/Family-life/bereavement>

- <https://www.mind.org.uk/information-support>
- <http://ccpdignity.co.uk/resources/>
- [www.nhs.uk/NHSEngland/thenhs/about/Pages/nhscoreprinciples.aspx](http://www.nhs.uk/NHSEngland/thenhs/about/Pages/nhscoreprinciples.aspx)

**For your first lesson... We expect you to have the following:**

- ✓ A level arched folder – labelled with your name on and Health and Social Care
- ✓ There must be dividers in your folder – plastic ones are better as they are tougher.
- ✓ A4 hole punched lined paper notebook
- ✓ Your completed pre course summer tasks

**Well done! You're all set ready to embark on your Health and Social Care course!  
We look forward to seeing you in September.**