

17 October 2018

Dear Parents/Carers,

Re: Serre Chevalier – France (Ski Trip)
Saturday 19th January – Saturday 26th January 2019

As the ski trip is fast approaching I need to request your child's personal information in preparation for the trip. Please complete the form by following this link

https://docs.google.com/forms/d/e/1FAIpQLScssuyDomC0BPc--8xIL5CUaNrIooKivMhEpTRSe6a2hIpsZg/viewform?usp=sf_link

by **Thursday 1st November**. It is vital that I have all of the information in by the deadline because I need to pass it on to the ski company.

I will be collecting in Passports and EHIC cards the first week back after the Christmas Holidays, please ensure both are up to date. All pupils on the trip must have a valid passport and European Health Insurance card (EHIC), this card allows you access to state-provided healthcare in all European Economic Area countries.

Please note that mobile phones are not permitted on this trip under any circumstances.

I have attached a kit list for you. There will be a trip meeting just after Christmas but in the meantime, if you have any questions please don't hesitate to contact me.

Yours sincerely,



Miss K. Thomas
Trip Leader, Head of P.E.

Stotfold Road
Arlesey
Bedfordshire SG15 6XS

T 01462 730391
E etaoffice@bestacademies.org.uk
W www.etonbury.com

Equipment list for skiing

- Ski Jacket – this should be water proof, wind proof and breathable.
- Ski trousers (Salopettes) – these should be made of the same material as the jacket.
- Long Johns or thermal underwear – we are skiing in January and it will be very cold.
- T-shirts – to go over thermals (or other thin layers).
- Thin jumpers/fleeces – to wear under jacket and be able to take off if it gets too hot.
- Ski socks – x2/3.
- Warm hat – that covers the ears.
- Ski gloves/mittens – must be waterproof and breathable (same as the Jacket).
- Scarf and/or Snood – a snood is a tube usually made of fleece material that keeps your neck warm.
- Goggles – absolutely essential and more important than sunglasses, they are useful in all weather conditions. Orange/red tinted lenses are especially good in poor weather. Sunglasses can also be taken in addition to goggles.
- Sun cream/block and lip salve with protection – the sun cream must be of a high factor (25+) whatever your skin tone, because of the intensity of the sun.

Evening wear

- Warm winter clothing
- Boots/shoes - hard wearing with good non-slip soles for walking in snow and ice. Slippers for indoor use.

Other Essentials

- Passport (Please ensure this is valid for the duration of the trip)
- European Health Insurance card (obtained from the post office)
- Basic toiletries including a towel for showering
- Pocket money - We recommend that students bring approximately £60: £50 converted to Euros prior to departure and £10 for the outward journey

Places to source kit

TK MAXX – very reasonable for Jackets, trousers and goggles as well as other accessories

Sports direct – very reasonable for ski clothing

MandM Direct - <http://www.mandmdirect.com/>