



1 February 2019

Dear Parent/Carer,

Year 9 – Sex and Relationship Education

At Etonbury Academy, one of the aims of our Personal, Social, Health, Citizenship Education (PSHCE) curriculum is to promote well-being and effective health education for all of our Secondary students.

Integrated into our PSHCE programme is the essential aspect of SRE (Sex and Relationship Education) because students need to develop their understanding of relationships, sex and sexual health. This is run in line with the PSHCE Association regulations and is mirrored across all BEST schools.

SRE lessons provide the students the opportunities to learn about themselves in a safe environment while encouraging students to take responsibility for their own and other's sexual health. We aim to help our students reduce behaviours that may place them at risk by providing them with the knowledge, skills and attitudes that will help them make safe and responsible choices about relationships and sex.

SRE is taught as a developing topic designed to help the students answer questions that are relevant to them while building on the child's, age appropriate, knowledge and understanding. Therefore, I would like to inform you that after February half term, as part of PSHCE lessons, pupils will be receiving their SRE lessons. Students will be studying negative and positive relationships with focus on abusive relationships, what consent is along with the dangers of sexting and pornography.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about these issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me.

Yours sincerely,

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Subject Lead PSHCE

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