



LUTON TOWN FOOTBALL CLUB SKILLS PERFORMANCE CENTRES 2017-18

FOOTBALL DEVELOPMENT FOR AGES 6 TO 12 YEARS | SCHOOL YEARS 2 TO 7

PATHWAY TO ACADEMY FOOTBALL



TERM DATES 2017-18

TERM 1	Mon 11th Sept 2017 to Fri 20th Oct 2017	(6 wks)
TERM 2	Mon 30th Oct 2017 to Fri 15th Dec 2017	(7 wks)
TERM 3	Mon 8th Jan 2018 to Fri 9th Feb 2018	(5 wks)
TERM 4	Mon 19th Feb 2018 to Thu 29th Mar 2018	(6 wks)
TERM 5	Mon 16th Apr 2018 to Fri 25th May 2018	(6 wks)
TERM 6	Mon 4th June 2018 to Fri 20th July 2018	(7 wks)

BOYS & GOALKEEPER CENTRES

GIRLS ONLY CENTRES



For more information regarding our SPC training please email
Tips@lutontown.co.uk or to book call: **01582 737568** or **07725 172345**

Book online at www.LutonTownCommunity.co.uk

Follow us on Twitter @LTFC_Community or facebook @ltfc.communitytrust

SKILLS PERFORMANCE CENTRE VENUES

MONDAY

FLITWICK – Redborne Upper School, Flitwick Road, Flitwick, Beds MK45 2NU
School Yrs 2-7 17:00 -18:00

KEMPSTON - AFC Kempston Rovers FC, Hillgrounds Leisure, Hillgrounds Road, MK42 8SZ | School yrs 2-7 17:00 - 18:00

TUESDAY

BLETCHLEY - Powerleague, Fyfield Barrow, Walnut Tree MK7 7WH
School yrs 2-7 18:00 - 19:00

BEDFORD - Bedford Modern School, Manton Lane, Beds MK41 7NT
School yrs 2-7 18:00 - 19:00

LUTON NORTH – Lealands High School, Sundon Park Road, Luton LU3 3AL
School yrs 2-7 17:00 - 18:00

WEDNESDAY

LUTON SOUTH – Venue 360, Gipsy Lane, Luton LU1 3JH | School yrs 2-7 17:00 - 18:00

ST ALBANS – Nicholas Breakspear School, Colney Heath Lane, St Albans, Herts, AL4 0TT
School yrs 2-7 17:00 - 18:00

GOALKEEPER TRAINING VENUES:

MONDAY

FLITWICK – Redborne Upper School, Flitwick Rd, MK45 2NU | School yrs 2-7 17:00 -18:00

WHEATHAMPSTEAD – Wheathampstead astro turf pitch, Marford Road, AL4 8AY
School yrs 2-7 17:00 - 18:00

THURSDAY

LUTON STOPSLEY – Playfootball.net, St Thomas Road, LU2 7UX
School yrs 2-5 17:00 - 18:00
School yrs 6&7 18:00 - 19:00

LEIGHTON BUZZARD – Cedars Academy, Mentmore Road, LU7 2AE
School yrs 2-7 17:00 - 18:00

SANDY – Sandy Sports Centre, Engayne Road SG19 1BL | School yrs 2-7 17:00 - 18:00

FRIDAY

HARPENDEN - Sir John Lawes School, Manland Way, AL5 4QP | School yrs 2-7 18:00 - 19:00

ARLESEY/STOTFOLD
Etonbury Academy, Stotfold Road, SG15 6XS | School yrs 2-7 17:00 - 18:00

DUNSTABLE – Creasey Park Community Stadium, Creasey Park Drive, Dunstable, LU6 1BB | School yrs 2-7 17:30 - 18:30

GIRLS ONLY TRAINING VENUES:



MONDAY

FLITWICK – Redborne Upper School, Flitwick Rd, MK45 2NU
School yrs 2-7 17:00 -18:00

TUESDAY

BEDFORD – Bedford Modern School, Manton Lane, MK41 7NT
School yrs 2-7 18:00 - 19:00

THURSDAY

LUTON STOPSLEY – Playfootball.net, St Thomas Road, LU2 7UX
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FRIDAY

DUNSTABLE – Creasey Park Community Stadium, Creasey Park Drive, Dunstable, LU6 1BB
School yrs 2-7 17:30 - 18:30

TERM-BY-TERM SYLLABUS OUTFIELD PLAYERS

- TERM 1** Passing and Receiving
- TERM 2** Dribbling and Ball Manipulation
- TERM 3** Defending and Tackling
- TERM 4** Attacking
- TERM 5** Shooting
- TERM 6** Game Play and Small Sided Games

TERM-BY-TERM SYLLABUS GOALKEEPERS

- TERM 1** Handling Skills and Catching
- TERM 2** Shot Stopping and Reaction Saves
- TERM 3** Footwork and SAQ's
- TERM 4** Distribution Technique
- TERM 5** Diving Technique
- TERM 6** Game Play and Small Sided Games



For more information regarding our SPC training please email

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The cost per half term is between £25 – £35 and includes practical sessions and one assessment game each term.

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