



Dear Parents/Carers,

After **May half term** as part of PSHCE lessons, pupils will be receiving their Relationships and Sex education lessons.

They will cover information on:

- How their body will, and emotions may, change as they approach and move through puberty, this will include:

<b>Physical</b>	<b>Emotional</b>	<b>Key terms</b>
<ul style="list-style-type: none"> <li>• Breasts</li> <li>• Menstrual Cycle – periods</li> <li>• Spots</li> <li>• Pubic Hair</li> <li>• Penis and Testicles</li> <li>• Wet dreams</li> <li>• Body Odour</li> </ul>	<ul style="list-style-type: none"> <li>• Mood swings</li> <li>• Hormones</li> <li>• Angry outbursts</li> </ul>	<ul style="list-style-type: none"> <li>• Vagina</li> <li>• Fallopian tubes</li> <li>• Uterus</li> <li>• Ovaries</li> <li>• Sperm</li> <li>• Oestrogen</li> <li>• Testosterone</li> </ul>

- They will also learn about Human Reproduction so they understand why their bodies are changing.

Girls will also receive an additional session further exploring periods, including information on sanitary towels and tampons.

We find that these sessions are further enhanced when parents follow them up at home.

Parents have a statutory right to withdraw their child from these lessons. Please indicate on the slip below if you would like to withdraw your child from these lessons.

If you have any further questions or concerns please contact me [achauhanbestacademies.org.uk](http://achauhanbestacademies.org.uk)

Yours sincerely,

Miss A Chauhan  
Teacher of PSHCE

.....

**To Miss Chauhan- Etonbury Academy, PSHCE Lessons**

I would like to withdraw my child..... in ..... from the sex and relationship lessons.

Signed.....  
Parent/Carer

Stotfold Road  
Arlesey  
Bedfordshire SG15 6XS

T 01462 730391  
E [etaoffice@bestacademies.org.uk](mailto:etaoffice@bestacademies.org.uk)  
W [www.etonbury.com](http://www.etonbury.com)

**Principal:** Mr A Prior