



Dear Parents/Carers,

After May half term, as part of PSHCE lessons, pupils will be receiving their Relationships and Sex education lessons.

These lessons are designed to ensure that all pupils gain knowledge within a safe and secure environment. We encourage pupils to develop their own confidence in talking about their own feelings and relationships and listening to others.

These lessons allow pupils to be prepared for puberty before they start to experience the physical and emotional changes that it will bring. There will also be links to Human Reproduction so they understand why their bodies are changing.

They will cover information on:

- How their body will, and emotions may, change as they approach and move through puberty, this will include:

Physical	Emotional	Key terms
<ul style="list-style-type: none"> • Breasts • Menstrual Cycle – periods • Spots • Pubic Hair • Penis and Testicles • Body Odour 	<ul style="list-style-type: none"> • Mood swings • Hormones • Angry outbursts 	<ul style="list-style-type: none"> • Vagina • Fallopian tubes • Uterus • Ovaries • Sperm • Oestrogen • Testosterone

We find that these sessions are further enhanced when parents follow them up at home.

Parents have a statutory right to withdraw their child from these lessons. Please indicate on the slip below if you would like to withdraw your child from these lessons.

If you have any further questions or concerns please contact me
achauhan@bestacademies.org.uk

Yours sincerely,

Miss A Chauhan
Teacher of PSHCE

To Miss Chauhan, Etonbury Academy - PSHCE Lessons

I would like to withdraw my child..... in from the sex and relationship lessons.

Signed.....
Parent/Carer

Stotfold Road
Arlesey
Bedfordshire SG15 6XS

T 01462 730391
E etaoffice@bestacademies.org.uk
W www.etonbury.com

Principal: Mr A Prior