



17 July 2020

Dear Parent/Guardian,

I am writing to you with news about what Physical Education (PE) will look like in the new Academic year (2020/21).

As guidelines have now been set for schools moving forward, we are delighted to inform you that PE will be able to return in the following ways:

- Students will be asked to attend school in their PE kits (please see attached to this letter what the expectations will be for this kit), the expectations of the kit will be the same that we have of students when they attend school in their uniform,
- All equipment used will be cleaned at the beginning and end of each PE lesson,
- Students will only participate in their 'bubbles' this means we have the ability to deliver a wider range of sports and activities. The Association for Physical Education, a leading organisation who lead, promote and maintain the high standards and safe practice in PE, have announced that 'schools have the flexibility to decide how PE, sport and physical activity can be delivered'.
- Extra-curricular activities will be offered when there are clear guidelines that these are safe to do so. As always club timetables will be shared with students and parents.
- We unfortunately do not have clear information on when intra-school competitions will be allowed to take place. Until we are given a date, as a department, we will be running inter-house competitions within year groups, allowing students to participate in competitive environments if they wish to do so.

We feel within our department and as a school, Physical Education will play a vital role in the physical and mental well-being of the students at Etonbury. Research from The Royal College of Psychiatrists states 'it is clear about the positive relationships between physical activity and improved mental health'. During such a challenging time for our students it is key for them to have the time at school to exercise and have access to the positive effects it can have on them. We have been overwhelmed with the number of students participating in our virtual sport challenges, it has been fantastic to receive so many emails of images and videos of students enjoying exercising and we are extremely proud of their efforts.

Moving forward we will be communicating with both students and parents about how PE will be delivered within school. As it always is, the wellbeing of the students at Etonbury is of the uppermost importance to use, and this is what we will be prioritising with any decision we make.

If you are able to do so, please follow our PE Twitter @EtonburyPE, we will be posting regular updates and reminders on here, alongside celebrating the successes of the students.

If you have any questions please do not hesitate to contact us at:

Email: [mpullinger@bestacademies.org.uk](mailto:mpullinger@bestacademies.org.uk)

Kind regards,

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Principal: Mr Ian Evason

# Kit Expectations

## Boys PE Kit

### **With Etonbury Logo:**

- Polo Shirt
- Long Sleeve Shirt
- Fleece (optional)

### **Without Etonbury Logo:**

- Blue shorts
- Blue football/rugby socks (outdoor winter sports)
- White sport socks (summer sports)
- Plain blue or black tracksuit bottoms
- Sport jacket (see images below for examples)
- Trainers
- Moulded football boots (no metal studs)
- Baselayers (for cold weather)

**No Hoodies**

## Girls PE Kit

### **With Etonbury Logo:**

- Polo Shirt
- Long Sleeve Shirt
- Fleece (optional)
- Skort

### **Without Etonbury Logo:**

- Blue football/rugby socks (outdoor winter sports)
- White sport socks (summer sports)
- Plain blue or black tracksuit bottoms
- Sport jacket (see images below for examples)
- Trainers
- Moulded football boots (no metal studs)
- Baselayers (for cold weather)

**No Hoodies**

