



18 September 2020

Dear Parents/Guardians

Year 10 - BTEC Award - Sport and Physical Activity and Fitness – KS4

Since joining Etonbury Academy as Head of Physical Education, I have been exploring the different courses that are available for students at Key Stage 4 to see which is best for them, and to maximise their potential grades in Year 11.

In light of the findings, I feel that our current Year 10 BTEC group would be better suited to the updated course, BTEC Award - Sport and Physical Activity and Fitness.

The decision to swap is based purely around students' potential achievement, and the opportunities for success that it will bring. The course covers much of the same content to the previous course but is constructed in a way that helps students maximise their potential.

The new syllabus is for learners who want to acquire theoretical knowledge and technical skills through vocational contexts by exploring areas such as the body systems, psychology, nutrition, technology and leadership.

The course allows students to develop:

- knowledge of the body systems, common sports injuries and technological advances that impact on sport and activity
- key skills that support their theoretical understanding of the training, nutrition and psychological factors that influence and impact on engagement in sport and activity
- an understanding of the underpinning principles of leadership and the physical and psychological benefits for session participants. Learners will investigate methods of planning, delivering and reviewing sessions for a range of target groups.

As I have mentioned, the new course is very much structured like the previous one, but has been updated and modernised in various aspects for the benefit of the student, helping them acquire more modern industry relevant skills and knowledge.

Should you wish to discuss this further, do not hesitate to contact me at school on mpullinger@bestacademies.org.uk

Many thanks

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