

EMOTIONAL HEALTH AND WELL-BEING ONLINE DROP IN

12 to 18 years (up to 25 with
additional needs)

@GWEYouth

**Do you live in
Central
Bedfordshire?**

If so, join us for a
lunch time session

**Do you need
someone to talk to?**

Our youth workers
are here to
support!

**Join us
for weekly online
sessions for tips,
chat and advice.**

**Monday and
Wednesday
12pm-1pm
starts Monday
15th February**

**Feel free to bring
your lunch with
you!**

For more information, please contact Angela Dallarlis on
07702 532329 or Stephen Swain on 07736 132294



**Central
Bedfordshire
Council**
Working in partnership



CBC has commissioned
Groundwork to create
greater prospects for young
people across Central
Bedfordshire